

IMPORTANT DIVERSITY & INCLUSION DATES

JANUARY

Slavery and Human Trafficking Awareness Month (US)

- 4 World Braille Day
- 16 World Religion Day
- 17 Martin Luther King Jr. Day (US)
- 24 International Day of Education
- 27 International Holocaust Remembrance Day

FEBRUARY

LGBTQ+ History Month Black History Month (US)

- 4 Rosa Parks Day (US)
- 11 International Day of Women and Girls in Science
- 15 International Childhood Cancer Day
- 20 World Day of Social Justice

MARCH

Developmental Disabilities Awareness Month Ethnic Equality Month

Gender Equality Month

- 1 Zero Discrimination Day International Wheelchair Day
- 8 International Women's Day
- 21 Elimination of Racial Discrimination Day World Down Syndrome Day
- 25 International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade
- 30 World Bipolar Day
- 31 Trans Day of Visibility

APRII

Celebrate Diversity Month
Stress Awareness Month

- 2 World Autism Awareness Day
- 7 World Health Day

MAY

Mental Health Awareness Month

- 17 International Day Against Homophobia,
 - Transphobia and Biphobia
- 21 World Day for Cultural Diversity for Dialogue and Development

JUNE

PRIDE Month

Alzheimer and Brain Awareness Month

- 8 Race Unity Day
- 21 World Humanist Day

JULY

- 18 International Nelson Mandela Day
- 30 PRIDE Netherlands

AUGUST

PRIDE Netherlands Month
International Day of the World's

- 9 Indigenous People
- 19 World Humanist Day
- 21 Senior Citizens Day
- 26 Women's Equality Day

SEPTEMBER

Hispanic Heritage Month & Suicide Prevention Month

- 18 International Equal Pay Day
- 23 Bi Visibility Day
- 25 World Day of the Deaf
- 26 European Day of Languages

OCTOBER

Bulling Prevention Month; Black History Month (UK),
Breast Cancer Awareness Month; Domestic Violence
Awareness Month & Learning Disabilities Awareness Month

- 2 International Day of Nonviolence
- 4 Diversity Day
- 10 Mental Health Day
- 19 International Pronoun Day
- 22 International Stuttering Awareness Day
- 26 Intersex Awareness Day

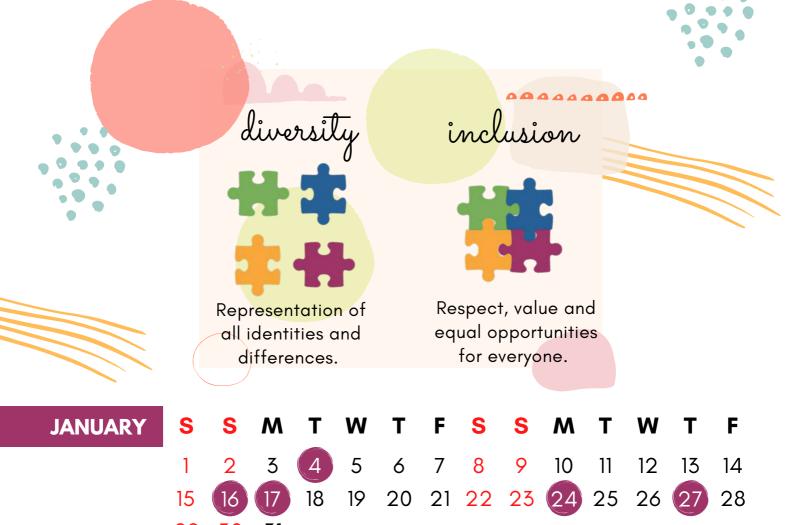
MOVEMBER Men's Health Issues Awareness Month

- 8 Intersex Day of Solidarity
- 13 World Kindness Day
- 16 International Day for Tolerance
- 18 LGBTQ+ in STEM Day
- 19 International Men's Day
- 20 Transgender Day of Remembrance

DECEMBER

Universal Human Rights Month

- 3 World AIDS Day
- 10 International Day of People with Disabilities International Human Rights Day
- 18 International Migrants Day



Intersectionality

COINED BY PROFESSOR KIMBERLÉ
CRENSHAW, THE TERM REFERS TO HOW
RACE, CLASS, GENDER, AND OTHER
INDIVIDUAL CHARACTERISTICS "INTERSECT"
WITH ONE ANOTHER AND OVERLAP,
AFFECTING EACH PERSON'S EXPOSURE TO
EITHER GOOD OR BAD THINGS.

If we don't acknowledge the ways that different aspects of our identity can lead to different aspects of discrimination, we will fail to give everyone the same opportunities and respect.





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FEMINISM

The belief in social, economic and political equality of the sexes

COMMON MISCONCEPTIONS ABOUT FEMINISM

- #1- Feminists believe women are better than men
- #2- Only women can be feminists
- #3- Feminists cannot be stereotypically feminine
- #4- All feminists must be career-oriented and against marriage
- #5- Feminists hate men



WHY THE TERM "FEMINISM" AND NOT "GENDER EQUALITY" OR "EGALITARIANISM"?

Feminism got the name because it started as a socio-political movement advocating for women's rights based on the premise that gender, specifically, is not an acceptable basis for discrimination or oppression. Along the years, it has evolved into a movement for equal rights of all genders, and at no point takes away from other human rights movements.

"For centuries, the world divided human beings into two groups and then proceeded to exclude and oppress one group. It is only fair that the solution to the problem should acknowledge that."

CHIMAMANDA NGOZI ADICHE

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Institutional racism is the result of unfair policies or laws and practices that provide differential access to goods, services and opportunities of society based on race.

For children and families, it affects:

- \rightarrow where they live
- → quality of education they receive
- → income
- → access to food and clean water, exposure to pollutants and adequate medical treatment
- → types of interactions with the criminal justice system

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HOW TO HAVE A CONVERSATION ABOUT

MENTAL HEALTH



- Listen without judgement
- Ask "How can I help?"
- Let them know you care
- Validate their feelings
- Tell them you want to hear they're not a burden
- Listen with the intention of understanding, not fixing
- Make sure you have time to listen
- Be patient
- Keep in touch, respectfully, even if you get no response
- Empathise



Talk to us:

Company social worker (j.v.hoven@nki.nl) Company doctor (healthservices@nki.nl)

- Interrupt or speak over
- Tell them how they should feel
- Jump in with solutions
- Belittle their feelings
- Pressure them to speak
- Tell them the illness or feelings they have are a choice
- Say "you just need to" (it's not that simple)
- Diagnose them when you're not qualified
- Exclude them socially
- Be scared to talk about feelings
- Be critical or blaming

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In the Netherlands, PRIDE is celebrated in August. In 1998, LGBTQ+ athletes and spectators from around the world flocked to Amsterdam for the Gay Games, where they celebrated with a boat parade. The Games created so much energy and joy that the organizers decided to carry the spirit forward with a boat parade the following year.





PRIDE is the

positive stand

against

discrimination

and violence

towards lesbian,

gay, bisexual,

transgender and

queer (LGBTQ+)

people.

By using the word PRIDE, we refute the bigotry, social stigma, hate and shame that for so long were associated with

the IGBTO+

community.





On June 28 1969, police raided a gay bar known as the Stonewall Inn. The event brought on a series of riots by LGBTQ+ people and led to the gay liberation movement and the modern fight for LGBTQ+ rights.



Brenda Howard
is known as the
"mother of
PRIDE" for her
work in
coordinating the
first PRIDE march
to commemorate
the first
aniversary of the
Stonewall riots.



Currently, the month-long celebrations include parades, marches, parties, concerts/shows, workshops, symposiums and rallies across different cities and countries.

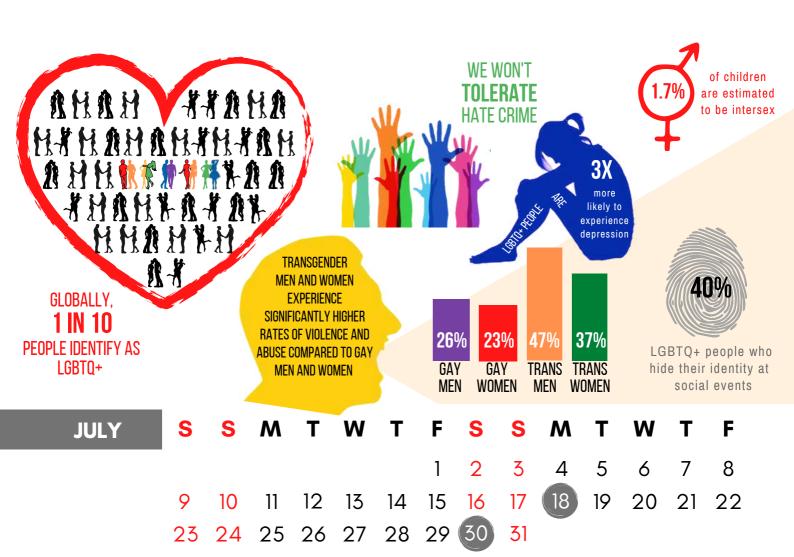


The flag reflects the diversity of the LGBTQ+ community and the spectrum of sexuality and gender.

Life and Sexuality
Healing and Friendship
Vitality and Energy
Serenity and Nature
Harmony and Artistry
Spirit and Gratitude
People of Colour
Trans Community

JUNE

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WHAT ARE PRONOUNS?

Pronouns are how people refer to themselves, such as he/she/they/ze.

WHY ARE PRONOUNS IMPORTANT?

Using someone's pronoun correctly shows your respect for their gender identity and them as a person. Using the wrong pronoun toward someone is very hurtful.



SIMPLE THINGS YOU CAN DO

- Normalize the use of pronouns
- Include your pronoun in your e-mail signature/zoom username
- Avoid gender-biased language such as "Hi guys/Hello ladies". Instead use inclusive language like "Hi all/Hello everyone".

AUGUST S S M T W T F S S M T W T F 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26







CHANGE THE WAY YOU SEE DISABILITY



EMBRACE DIFFERENCE

People who think, learn or look differently make our community better and stronger. Many people with disabilities are open to talking about their experiences, especially if it helps raise awareness. Make sure to leave any assumptions at the door when you join the conversation.



I LEARN **DIFFERENTLY,** NOT WORSE

Having a disability does not equate to being lazy or incompetent. When given appropriate conditions, the playing field is leveled and people with disabilities can thrive as their authentic selves. Give yourself and others a chance.

NOT **EVERYTHING** IS AS IT SEEMS

Not all disabilities are obvious, some may be invisible or hidden. They can include conditions such as PTSD, depression, chronic fatigue, diabetes, chronic pain, hearing loss and sleeping disorders.



THERE IS NO SHAME IN **DIFFERENCE**

Don't let disability define a person. There is more to people than you might think or see.

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LET'S CELEBRATE BLACK HISTORY





















OCTOBER

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Different methods you can follow in situations of harassment



Do something to create a distraction that discontinues the harassment.

DELEGATE

Get help from someone else.

DELAY

After the incident is over check in with the person who was harassed.

DIRECT

Directly intervene in the situation and voice your concern.

Do you want to report a situation of harassment or inapropriate behaviour?

Contact our Culture & Behavior Program Coordinator (c.v.rijn@nki.nl)

NOVEMBER S S M T W T F S S M T W T F 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



ROADMAP

SOCIAL SAFETY

Would you like to submit a complaint as an employee?

Are you dealing with inappropriate behaviour or conflict with colleagues?



Please contact your HR advisor, our external confidential advisor or our company social worker



Please use the NKI Personnel
Complaint Procedure. An
independent, external complaints
committee will be involved.



Would you like to report (suspected) misconduct?



Please follow the steps outlined in the Netherlands Cancer Institute's Whistleblower Regulations.



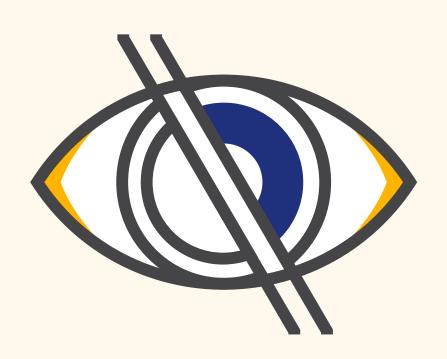
to find all the contacts and files MyAntonet



DECEMBER	S	S	M	T	W	T	F	S	S	M	T	W	T	F
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Are your figures colorblind-friendly?



Color blindness means to have a decreased ability to detect differences between colors or, in rare cases, to see color at all. The most common forms involve difficulty in perceiving the difference between red and green.

Colors play a central role in data visualization, so here are some tips to help you make your figures more accessible to everyone.



For fluorescence imaging, show the greyscale figures of each channel



Avoid using red/green combination.

Instead, switch to magenta/green or

red/cyan.

Run your figures through a simulator such as Color Oracle or Coblis to ensure everyone can interpret them accurately.



For data visualization, use a color palette that works for everyone, such as Color Universal Design or a color-blind safe palette in Color Brewer.

To learn more about the NKI guidelines for colorblind-friendly figures please scan:





BIODIVERSITIES

Strength lies in differences, not in similarities

International Diversity Day

06-10-2020

HEDY LAMARR

Actress, film producer and inventor



Besides being a world renown movie star, Hedy Lamarr also left her mark in science. Her work pioneered the technology that became the precursor to the secure Wi-Fi, GPS and Bluetooth, now used by billions of people around the world. She was one of the first women to own a production company and to tell stories from the woman's point of view.

The brains of people are more interesting than the looks I think.

JANAKI AMMAL

Botanist and cytogeneticist

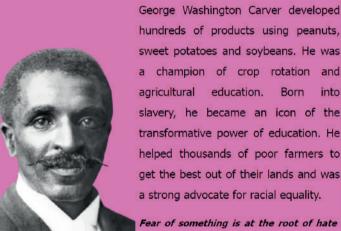


A pioneer botanist and cytogeneticist, Janaki Ammal is credited with putting sweetness in India's sugarcane, speaking against the hydro-electric project in Kerala's Silent Valley and the phenomenal study of chromosomes of thousands of species of flowering plants. She was the first Indian woman to get a PhD in Botanic and also the first salaried woman staff member of the Royal Horticultural Society.

My work is what will survive.

GEORGE W. CARVER

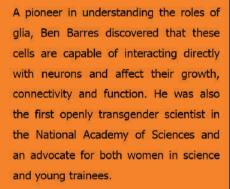
Agriculture scientist and inventor



Fear of something is at the root of hate for others, and hate within will eventually destroy the hater.

BEN BARRES

Neurobiologist



People who don't know I'm a transgender treat me with much more respect. I can even complete a whole sentence without being interrupted by a man.

ROSALIND FRANKLIN

Chemist and X-ray crystallographer



Rosalind Franklin made critical contributions to the understanding of the fine molecular structures of DNA, RNA, viruses, coal and graphite. Her photograph of a fibre of DNA was critical to James Watson and Francis Crick's discovery of the double helix. However, she only got recognition for this after her death. Her name currently graces awards, science institutes and a university in Chicago.

Science and everyday life cannot and should not be separated.

ALICE BALL

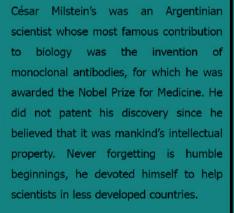
Pharmacist and chemist

Alice Ball was an African American chemist who, at the age of 23 developed an injectable oil extract that was the most effective treatment for leprosy before 1940s. Thanks to her work, patients were no longer exiled and could instead be treated at their homes. She was the first woman and first African American to receive a Master's Degree from the University of Hawaii and the first female chemistry professor at the university.

I work and I work and still it seems that I have done nothing.

CÉSAR MILSTEIN

Biochemist



Science will only fulfil its promises when the benefits are equally shared by the really poor of the world.

KATHERINE JOHNSON

Mathematician



Katherine Johnson was a NASA mathematician who played a key role in several NASA missions. She calculated the trajectory needed to get the Apollo 11 mission to the moon and back. As a black woman working for NASA in the 50's and 60's, she overcame social boundaries and racial discrimination. In 2015, she was awarded the Presidential Medal of Freedom, America's highest civilian honor.

Girls are capable of doing everything men are capable of doing.

TU YOUYOU

Pharmacist and chemist

Tu Youyou turned to Chinese medical texts to find a cure for malaria, discovering a compound that has saved millions of lives. When she isolated the ingredient she believed would work, she volunteered to be the first human subject. In 2015, she became the first Chinese to receive a Nobel Prize in a scientific category and she did so without a doctorate, a medical degree, or training abroad.

The discovery of artemisinin was an example of successful collective efforts.

ALAN TURING

Mathematician, computer scientist, logician, cryptanalist, philosopher and theoretical biologist

Known as the Father of Computer Science, Alan Turing developed a machine that helped break the German Enigma code. He also laid the groundwork for modern computing and theorized about artificial intelligence. An openly gay man during a time when homosexuality was illegal in Britain, Turing committed suicide after being convicted of "gross indecency" and sentenced to chemical castration.

We can only see a short distance ahead, but we can see plenty there that needs to be done



Inclusion & Diversity Committee









1. The NKI Diversity and Inclusion Committee celebrates the

INTERNATIONAL WOMEN'S DAY

Find out more



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1 The NKI Diversity and Inclusion Committee celebrates the

INTERNATIONAL WOMEN'S DAY

Find out more



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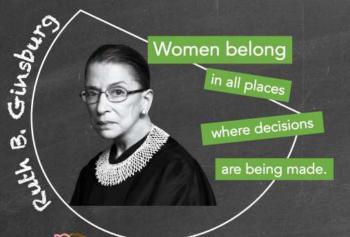
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The NKI Diversity and Inclusion Committee celebrates the

INTERNATIONAL WOMEN'S DAY

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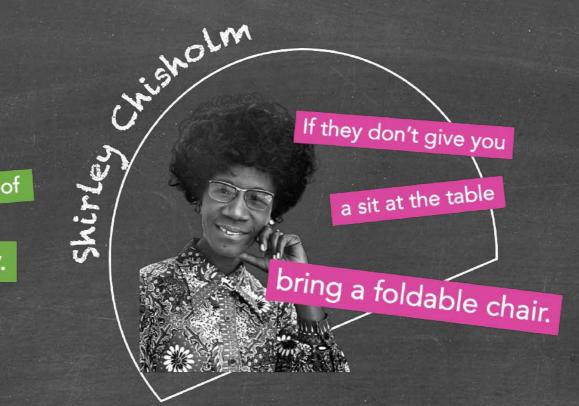
I tell my story

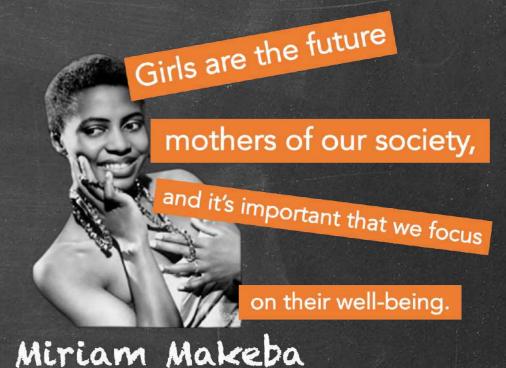
not because is unique

But because it is the story

of many girls.







The NKI Diversity and Inclusion Comittee celebrates the

INTERNATIONAL WOMEN'S DAY

Find out more



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DID YOU KNOW THE FIRST PRIDE WAS A RIOT?

STONEWALL INN A GAY BAR IN NEW YORK. AS IT WAS RAIDED BY THE POLICE IN THE EARLY HOURS, THREE NIGHTS OF UNREST FOLLOWED, WITH LGBTQ + PEOPLE, LONG FRUSTRATED BY POLICE BRUTALITY, FINALLY FIGHTING BACK. LESBIANS AND TRANS WOMEN OF COLOUR WERE SOME OF THE KEY PEOPLE INVOLVED IN THE ACT OF RESISTANCE, INCLUDING SYLVIA RIVERA, STORMÉ DELARVERIE, MISS MAJOR GRIFFIN-GRACY & MARSHA P. JOHNSON.

STONEWALL WAS NOT JUST THAT DAY.

IT WAS DAYS BEFORE AND MANY YEARS AFTER.

#PRIDE IS A REMINDER OF THE POWER OF STANDING
TOGETHER IN DEFIANCE OF THOSE WHO SEEK TO DIVIDE US.

WHO WAS THE FIRST AMERICAN SELF-MADE MILLIONAIRE FEMALE? TURN AROUND TO FIND OUT THE NKI DIVERSITY & INCLUSION COMMITTEE CELEBRATES BLACK HISTORY MONTH

BLACK HISTORY MONTH

MADAM C. J. WALKER

Featured in the Guinness Book of Records.

Her company specialised in beauty and haircare products for Black women.

WHO WAS THE FIRST BLACK PERSON TO WIN AN ACTING OSCAR? TURN AROUND TO FIND OUT THE NKI DIVERSITY & INCLUSION COMMITTEE CELEBRATES BLACK HISTORY MONTH

HATTIE MCDANIEL

Best Supporting Actress Gone with the Wind (1940).

Despite her award-winning performance, she was not allowed to attend the movie premiere because she was black.

WH TI WHO IS THE FASTEST WOMAN OF ALL TIME?

TURN AROUND TO FIND OUT

THE NKI DIVERSITY & INCLUSION COMMITTEE CELEBRATES
BLACK HISTORY MONTH

FLORENCE GRIFFITH-JOYNER

aka FLO-JO.

She holds the 200m and 100m world records.

FROM WHOM DID HELA CELLS COME

TURN AROUND TO FIND OUT

THE NKI DIVERSITY & INCLUSION COMMITTEE CELEBRATES
BLACK HISTORY MONTH

HENRIETTA LACKS

HeLa cells are a source of invaluable medical data up to this day.

The hospital that collected her cells was one of only a few that treated black people.

WHO WAS THE FIRST AFRICANAMERICAN TO HOST A TV SHOW?

TURN AROUND TO FIND OUT

THE NKI DIVERSITY & INCLUSION COMMITTEE CELEBRATES
BLACK HISTORY MONTH

NAT KING COLE

hosted NBCs The Nat King Cole Show (1956-1958).

He was also the first African-American to reach #1 on the Billboard.

WHO WORLD RENOWNED ARTIST WAS ALSO A SPY? TURN AROUND TO FIND OUT THE NKI DIVERSITY & INCLUSION COMMITTEE CELEBRATES BLACK HISTORY MONTH

BLACK HISTORY MONTH

JOSEPHINE BAKER

She was a spy for the French during WWII.

She concealed messages in her costumes and sheet music for other Allies spies.

WHO FOUNDED THE DUTCH POLITICAL PARTY BIJI? TURN AROUND TO FIND OUT

THE NKI DIVERSITY & INCLUSION COMMITTEE CELEBRATES
BLACK HISTORY MONTH

SYLVANA SIMONS

Politician, actress and TV presenter.

She advocates for economic justice and antiracism in the Netherlands.

WHO WAS THE FIRST BLACK WOMAN ELECTED FOR US CONGRESS?

THE NKI DIVERSITY & INCLUSION COMMITTEE CELEBRATES
BLACK HISTORY MONTH BLACK HISTORY MONTH

SHIRLEY CHISHOLM

Happened in 1968.

She suffered three assassination attempts while running for President of the U.S..

HOW MANY BLACK NOBEL LAUREATES ARE THERE? TURN AROUND TO FIND OUT THE NKI DIVERSITY & INCLUSION COMMITTEE CELEBRATES BLACK HISTORY MONTH

BLACK HISTORY MONTH

17

OUT OF 943 (1,8%).

12 in Peace, 4 in Literature and 1 in Economics.

WHICH DUCTH ACTIVIST FEATURED IN TIME'S MOST INFLUENTIAL PEOPLE?

TURN AROUND TO FIND OUT

THE NKI DIVERSITY & INCLUSION COMMITTEE CELEBRATES BLACK HISTORY MONTH

AYAAN HIRSI ALI

Somali-born; Dutch-American.

She advocates for women's rights and created the AHA Foundation.

